

# Dare to Dream

## Body, Mind and Spirit Centre

With Products and Services to help you heal Physically,  
Mentally & Emotionally and to grow Spiritually

#33 - 2070 Harvey Ave. 250-712-9295

[www.daretodreamkelowna.com](http://www.daretodreamkelowna.com)

Celebrating  
**23 Years**  
in Business!

### 20% off

Regular Priced Merchandise, Reiki,  
Reflexology & Counselling

*Bring in this coupon. Expires September 30, 2020.*



**50% off**  
regular price

With this coupon.  
Expires Sept. 30, 2020.

# Kwikfit 4u

Try  
It!

SPRING/  
SUMMER  
SPECIAL

## The Whole Body Vibration

"Get Fit Stay Fit" only 10 Mins. a Day, Equals 1Hr. Exercise  
for Weight control, Burns Calories, Muscle Strength, Toning,  
Pain Control, injuries, Detoxification, Circulation, Chronic  
Conditions, Mobility, Flexibility, Plus many more benefits!

Sale Pricing starting at \$847.00.

Free delivery and set up.

[www.kwikfit4u.com](http://www.kwikfit4u.com)

[laura@kwikfit4u.com](mailto:laura@kwikfit4u.com) • 778 754 7400



# All-Activity

Since 1992

## MASSAGE THERAPY & HEALTH CENTER

- Sports Injuries • Work Injuries
- Headache / Stress Reduction
- Neck / Upper & Lower • Back Pain
- Deep, Swedish & Myofascial
- Therapeutic Massage
- Infant & Pre / Post Natal Massage

### DIRECT BILLING

Mention this ad when you phone



Bronk Kvapil RMT, Jen Martinson RMT

New Patients - Walk-Ins Welcome

## 250-861-9499

#104-3001 Tutt Street, Kelowna

[www.allactivity.ca](http://www.allactivity.ca)